



Nowruz Memories

Nowruz invokes a bright, colourful, beautiful, peaceful and memories in the Iranians' mind.

According to **Nowruz** traditions, there are many customs performed by the people of Iran. Here are the most important of them done by Iranians. Cleaning the house or *Khaneh Takani* and do shopping are commonly done before the holidays. New cloth, fresh food, mixed nuts, fruit, flower, chocolate, common

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small gifts and **Nowruz** cards are favourite to purchase. Cooking Samanu (a dessert made from wheat germ) is common in Iran.

There are some fictional characters related to **Nowruz**, the most popular one is Hajji Firuz whose face is covered in soot, wear a bright red costume and a felt hat. He appears in the streets, dancing and singing while he is playing the tambourine.



On Sizdah Be Dar day as a custom, the people believe the Sabze item of Haft-Sin should be thrown away into running water but nowadays for some environmental problems this idea is forbidden.

